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| | N.C.JINDAL PUBLIC SCHOOL | | | | |
| | SESSION 2018-19 | | | | |
| | CLASS - XI | | | | |
| | SUBJECT- PSYCHOLOGY | | | | |
| | SUBJECT TEACHER - MS. MANEESHA RAJPAL | | | | |
| | Academic Book : NCERT TEXTBOOK | | | | |
| Chapter | Chapter Topic | Term | Start Date | End Date | No. Of Periods |
| What is Psychology? | Orientation about psychology | 1 | 2.7.18 | 7.7.18 | 11 |
| | Orientation about career scopes | | | | |
| | Application of psychology in daily life | | | | |
| | What is Psychology? | | 9.7.18 | 21.7.18 | 16 |
| | Psychology as discipline | | | | |
| | Psychology as natural science | | | | |
| | Psychology as social science | | | | |
| | Understanding mind and behaviour | | | | |
| What is Psychology? | Evolution of psychology | | | | |
| | Structuralism | | | | |
| | Functionalism | | | | |
| | Gestalt psychology | | | | |
| | Behaviorism | | | | |
| | Psychoanalysis | | | | |
| | Humanistic psychology | | | | |
| | Cognitive perspective | | | | |
| | Branches Of psychology | | | | |
| | Themes Of psychology | | | | |
| | Psychology And other disciplines | | | | |
| | Psychologists at work | | | | |
| | | | | | |
| | Goals of psychological enquiry | 1 | 23.7.18 | 3.8.18 | 12 |

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|--|---|----------|-----------------|-----------------|-----------|
| Methods of enquiry in psychology | Steps in conducting psychological research | | | | |
| | Nature of psychological data | | | | |
| | Methods in psychology | | | | |
| | Observational method | | | | |
| | Experimental method | | | | |
| | Correlational research | | 6.8.18 | 17.8.18 | 12 |
| | Survey research | | | | |
| | Psychological testing | | | | |
| | Case study | | | | |
| | Analysis of data | | | | |
| | Limitations of psychological enquiry | | | | |
| Introduction of experimental psychology (practical) | | | | | |
| | Ethical issues | | | | |
| | | | | | |
| Human memory | Nature of memory | 1 | 20.8.18 | 31.8.18 | 12 |
| | Stage Model | | | | |
| | | | | | |
| Practical#1 | Human Memory | | | | |
| | | | | | |
| Human memory | Levels of Processing | | 1.9.18 | 11.9.18 | 10 |
| | Types of LTM | | | | |
| | Forgetting | | | | |
| | Mnemonics | | | | |
| | | | | | |
| Bases of Human Behaviour | Nervous Sytem | 2 | 1.10.18 | 12.10.18 | 12 |
| | Central Nervous System | | | | |
| | Peripheral Nervous System | | | | |
| | Somatic Nervous System | | | | |
| | Autonomic Nervous System | | | | |
| | Endocrine glands | | | | |
| | Pituitary gland | | | | |
| | Adrenal gland | | 15.10.18 | 26.10.18 | 6 |
| | Gonads | | | | |

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|--|--|----------|-----------------|-----------------|-----------|
| | Thyroid gland | | | | |
| | Pancreas | | | | |
| | Interaction of biological and cultural factors | | | | |
| Bases of Human Behaviour | | | | | |
| | Enculturation | | | | |
| | Socialisation | | | | |
| | Acculturation | | | | |
| | Acculturation strategies | | | | |
| Human Development | Meaning of growth, development and maturation | 2 | 29.10.18 | 22.11.18 | 14 |
| | Life-Span perspective of development | | | | |
| | Context of development | | | | |
| | Development Stages-Prenatal, Infancy and Childhood | | | | |
| | Development Stages-Adolescence, Adulthood and Old Age | | | | |
| Sensory, Attentional and Perceptual Processes | Sensory processes and modalities | 2 | 26.11.18 | 7.12.18 | 14 |
| | Kinesthetic System | | | | |
| | Vestibular System | | | | |
| | Selective Attention | | | | |
| | Sustained Attention | | | | |
| | Theories of Attention | | | | |
| | Perceptual Processes | | | | |
| | Gestalt Principles | | | | |
| | Monocular Cues | | | | |
| | Binocular Cues | | | | |
| Learning | Concept of Learning | 2 | 10.12.18 | 21.12.18 | 12 |
| | Classical Conditioning | | | | |
| | Operant Conditioning | | | | |
| | Cognitive Learning | | | | |
| | Skill Learning | | 24.12.18 | 31.12.18 | 8 |

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|-------------------------------|------------------------------|----------|----------------|----------------|-----------|
| | Verbal Learning | | | | |
| | Concept Learning | | | | |
| | Learning Disability | | | | |
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| Thinking | Nature of thinking | 2 | 16.1.19 | 25.1.19 | 14 |
| | Problem solving | | | | |
| | Reasoning | | | | |
| | Decision-making | | | | |
| | Language | | | | |
| | | | | | |
| Practical # 2 | Verbal Learning | | | | |
| | | | | | |
| Motivation and Emotion | Concept of motivation | 2 | 28.1.19 | 8.2.19 | 14 |
| | Biological Motives | | | | |
| | Psychological motives | | | | |
| | Conflict | | | | |
| | Emotions | | | | |
| | Theories of Emotions | | | | |
| | Positive emotions | | | | |
| | Negative emotions | | | | |
| | | | 11.2.19 | 16.2.19 | 8 |
| Practical # 3 | Span of Attention | | | | |

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| | | PERIODIC TEST SCHEDULE | |
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| | | METHODS OF ENQUIRY IN PSYCHOLOGY | 20 |
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| 2 | 19.11.18 | BASES OF HUMAN BEHAVIOUR | 20 |
| | | HUMAN DEVELOPMENT | 20 |
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| | HALF-YEARLY EXAMINATION SCHEDULE | |
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| S.NO. | CHAPTER | MARKS |
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| 1 | INTRODUCTION TO PSYCHOLOGY | 20 |
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| 2 | METHODS OF PSYCHOLOGY | 30 |
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| 3 | HUMAN MEMORY | 20 |
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| | ANNUAL EXAMINATION | |
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| 1 | INTRODUCTION TO PSYCHOLOGY | 5 |
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| 2 | METHODS OF ENQUIRY IN PSYCHOLOGY | 5 |
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| 3 | BASES OF HUMAN BEHAVIOUR | 10 |
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| 4 | HUMAN DEVELOPMENT | 9 |
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| 5 | SENSORY, ATTENTIONAL AND PERCEPTUAL PROCESSES | 10 |
| | | |
| 6 | LEARNING | 10 |
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| 7 | HUMAN MEMORY | 5 |
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| 8 | LANGUAGE AND THOUGHT | 7 |
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| 9 | MOTIVATION AND EMOTION | 9 |